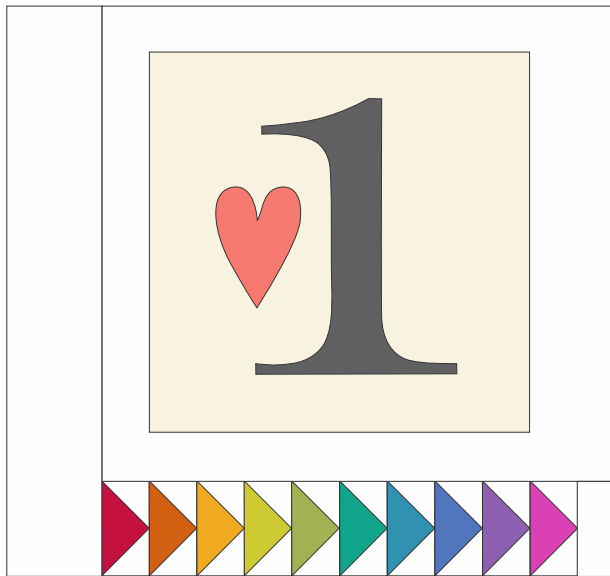


## Block 3: “♥1”



*Cut the following:*

Pearl Shimmer-- (1) 21" square

Blizzard Shimmer-- (1) 5 1/2" x WOF cut ⇨ Subcut into (1) 5 1/2" x 30 1/2" strip and (1) 5 1/2" x 2 1/2" rectangle  
(2) 3" x WOF ⇨ Subcut into (2) 3" x 27 1/2" strips, and (20) 3" squares

Using leftover yardage from Blocks 5 & 6, ⇨ Subcut to 5" x 20 1/2" and (1) 3" x 20 1/2" strip

Apple Shimmer-- (1) 5 1/2" x 3" rectangle

Mandarin Shimmer-- (1) 5 1/2" x 3" rectangle

Marigold Spectrastatic-- (1) 5 1/2" x 3" rectangle

Citron Shimmer-- (1) 5 1/2" x 3" rectangle

Wasabi Shimmer-- (1) 5 1/2" x 3" rectangle

Caribbean Shimmer-- (1) 5 1/2" x 3" rectangle

Peacock Shimmer-- (1) 5 1/2" x 3" rectangle

Dawn Shimmer-- (1) 5 1/2" x 3" rectangle

Violet Shimmer-- (1) 5 1/2" x 3" rectangle

Magenta Shimmer-- (1) 5 1/2" x 3" rectangle

Pink Coral Shimmer-- see Applique templates for Block 2

Graphite Shimmer-- see Applique templates for Block 2

## Block 3: “♥1”

### *Flying Geese Instructions:*

1. Draw a diagonal line in pencil or Frixion pen on each of your 3” Blizzard Shimmer squares from one corner to the opposite corner.
2. Line up one of your 3” Blizzard Shimmer squares with one side of your 5 ½” x 3” rectangle, right sides of the fabric together. Pin in place if necessary.
3. Sew down the diagonal line. Press seam open and trim off excess (see my video for reducing waste with this flying geese method).
4. Repeat steps 2 & 3 for the other side of the 5 ½” x 3” rectangle, ensuring your drawn diagonal lines create a “v” .
5. Repeat steps 2 through 4 for the remaining 5 ½” x 3” rectangles of each color.

Alternately, you can use whatever method you’d like for a 5” x 2 ½” finished flying geese block.

6. Sew completed flying geese units together with a ¼” seam so that they’re pointing to the right and in color order: Apple Shimmer, Mandarin Shimmer, Marigold Spectrastatic, Citron Shimmer, Wasabi Shimmer, Caribbean Shimmer, Peacock Shimmer, Dawn Shimmer, Violet Shimmer, Magenta Shimmer.
7. Attach your 5 ½” x 2 ½” Blizzard Shimmer rectangle with a ¼” seam to the right of the row of flying geese. Your row of geese should now measure 5 ½” x 27 ½.”

### *Assembly Instructions:*

1. Follow basic applique instructions (on page 1) using reversed applique templates for Block 3. Adhere to the center of the Pearl Shimmer 21” square.
2. Trim your applique block down to 20 ½” square, ensuring the applique is centered and square.
3. Pin and then attach the 3” x 20 ½” strip of Blizzard Shimmer to the left hand side of the applique block with a ¼” seam.
4. Next, attach the 5” x 20 ½” strip of Blizzard Shimmer to the right hand side of the applique block with a ¼” seam.
5. Then, attach each of the 3” x 27 ½” strips of Blizzard Shimmer to the top and bottom of the block with a ¼” seam.
6. Attach your row of flying geese to the base of the block with a ¼” seam.
7. Finally, pin and add your 5 ½” x 30” sashing strip of Blizzard Shimmer to the left of the entire unit (see diagram below).

